

Courage

Introduction to Courage

Courage is a vital virtue that many practice every day. One who is courageous resists temptations and takes care of those he loves. One of the reasons many struggle with courage is that it is easy to give in to temptations, but not to resist them. In order to resist temptations, one should think about how one's choices will affect one's future.

There are many ways to practice courage. One way is to exhibit spiritual courage, which is when one resists temptations and adheres to his faith. Another way is to show physical courage, which is when one protects others, no matter the cost.

A courageous person has to choose between courage and fear. He might think "Is this a courageous act?" One could also think about whether or not he is doing his best to be brave in the face of challenges. He could put aside all his personal wants and have the courage to do what is right.

But how could one overcome his struggles? He could ask God for grace and do all he can to be courageous. Will God give him grace? Only if he truly trusts in God.

Courage also means to protect. Whether it is family, friends, or others, courageous people must protect and defend, no matter the cost. Martyrs refuse to flout God, no matter the cost. The knights of the feudal age also protected their liege lords with their lives. Physical courage is not just about sacrificing one's life. It is also about having the courage to do something to protect one's self or others that is outside of one's comfort zone.

A courageous person would always imitate Christ, because Christ practiced courage in every way possible. This means that Christ is the best model of courage. Christ had greater courage than anyone on earth for many reasons. First of all, Christ, who is the Son of God, suffered blasphemy, torture, and ridicule for our sake. Christ also had the courage to die for others. He had the valor to rebuke the Pharisees, Sadducees, and many other powerful men when they blasphemed against God. Whether physical or spiritual, courage takes a deep root in our lives and can be expressed in our daily actions.

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*In shadows deep where doubts reside,
Through tempests' fierce and turning tide,
Stands courage firm, a beacon bright,
Clad in faith, adorned with light.*

*Not forged in halls of fleeting fame,
Nor kindled by the world's acclaim.
But born within the steadfast heart,
Where truth and grace refuse to part,*

*Through trials vast, when hope seems thin,
A sacred flame burns deep within.
Guided not by mortal schemes,
But by eternal, holy dreams.*

*For courage leans on what is true,
Unyielding, bold, in every view.
A sentinel, with fervent gaze,
fixed on Heaven's endless blaze.*

*So stand, though storms around you roar,
With faith unshaken, evermore.
Let courage be your solemn creed,
A light for souls in deepest need.*